

Mental Health Awareness Training Presentation

2nd Edition March 2025

Date of update:
March 2025

The following updates have been made to the 2nd edition of this training presentation.

Slide No	Update comments
16	Simplified definitions that originally went over 2 slides.
19	UK prevalence data updated to latest available statistics for 2023.
58	Updated bullet points for improved readability.
59	Removed the link to the video which is no longer active. Replaced with content on 'Recovery' being a process – CHIME.
75	Added more detail to the tutor notes on the employee assistance programme (EAP).
General	Tutor notes updated to reflect information provided in handouts.
Handout 3	Updated content for sections on The Diagnostic and Statistical Manual of Mental Disorders (DSM) and The Goldberg Anxiety and Depression Scale (GADS).
Handout 4	Updated content on Recovery.

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